



Love Your Body: A Positive Affirmation Guide for Loving and Appreciating Your Body

By Louise L. Hay

Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Love Your Body: A Positive Affirmation Guide for Loving and Appreciating Your Body, Louise L. Hay, "Each part of your body will be working perfectly as a harmonious whole. You will even find lines disappearing, weight normalizing, and posture straightening." (Louise L. Hay). In Love Your Body, Louise L. Hay brings you 54 affirmation treatments designed to help you achieve a beautiful, healthy, happy body. If you find yourself challenged by a particular part of your body, use the appropriate affirmations daily until you achieve positive results.



Reviews

Very beneficial for all type of folks. It can be rally intriguing through studying time. You will like how the writer publish this ebook.

-- Nathan Cruickshank

Totally one of the better pdf I have at any time read through. It really is simplified but shocks within the 50 % from the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Mariano Spinka