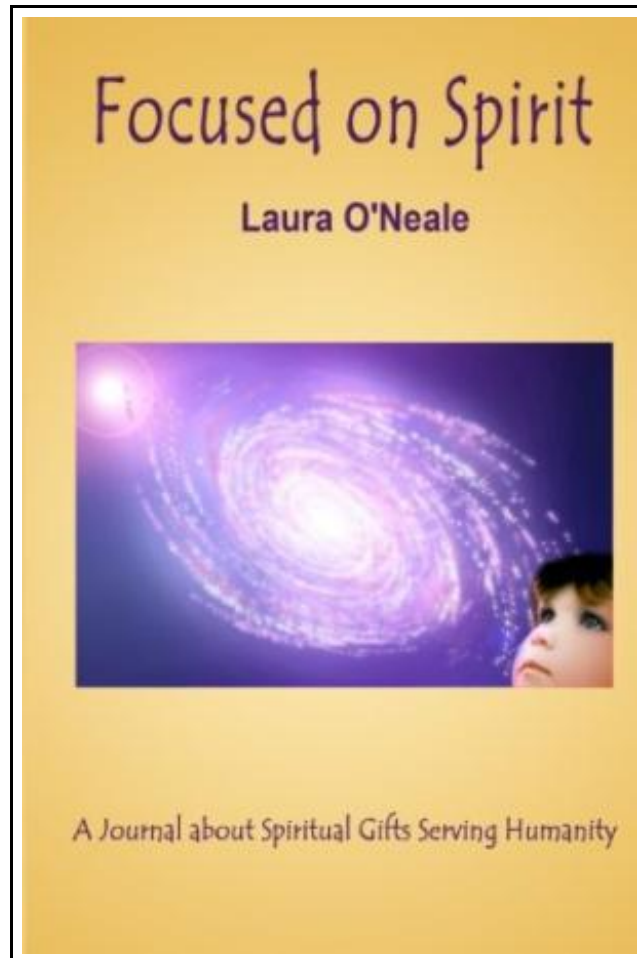


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Your Light Within LLC, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Focused on Spirit is one of Laura s journals, her personal 2012 shift, bringing into the world many of her spiritual realizations and worship in the last four or five years. As we focus on the highest of the highest, we can transcend the limitations of our egos. The more we focus on spirit, the lighter our hearts. Our life experience becomes a continuous sacred ceremony. We are more loving. We are better people, better healers, and better citizens of the Earth. We are at peace. We are happy. We are one. Living and writing this book kept me focused on spirit. Reading this book, in your own way, you will feel the same. The purpose of this book is: -To give many thanks, and to bring honor to the Divine -To inspire you to seek your truth, to find your true knowing from a spiritual perspective of who you really are, of what this Universe is all about -To inspire you to live a life of unity, respect for all creation, communion, and spiritual evolution -To inspire you to find or follow your own spiritual bliss, and to participate fully in raising the vibration of the planet -To inspire you to respect and to love everyone -To reinforce the importance of spiritual tools we all have, and provide additional ones such as meditation techniques and empowering energetic expansion attunements that transformed my life -To inspire you to see and live your life with its major events as a sacred ceremony -To inspire you to nourish your pure heart As a Reiki practitioner, I am presenting the healing art modality called Reiki as a way...



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