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(Prof. Antone Olson II)

SPORTS HIGHER VOCATIONAL EDUCATION MATERIALS: PHYSICAL HEALTH CARE(CHINESE EDITION)



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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub: 2007 08 Pages: 227 Language: Chinese Publisher: People's Sports Publishing Sports higher vocational education materials: physical health care is the process of combining health and sports in the development of an integrated applied sciences. It belongs to the scientific disciplines of medical care. also belong to the category of Sports Science. Its essence is to study the impact of sports on the human body and the human body on body 100 of the theory and practice of positive adaptation. Its purpose is to learn the use of modern medical care knowledge and skills. the participants of the sports medical guidance and care to promote their growth and development. improve physical and mental health. enhance physical fitness. prevention and treatment of sports injuries and other purposes. It is a social sports specialty Vocational College of Sports. Physical Education and professional sports services and management professional required course materials. competitive sports professional sports training professional and other professional elective materials. Contents: Section I of the first chapter of the constitution and health physical fitness. what is the constitution. several physical concepts related to the second health care concept. view of health. health care concept of the third quarter the health of the major systems of the human body evaluation. morphological development of the health assessment. health assessment of the functional development of the second chapter of movement on the human body and health first section of the anatomy and physiology of the major systems of the human body. anatomy and physiology of the cardiovascular system. respiratory system anatomy and physiology. anatomy and physiology of the motor system Section II of different intensity exercise affects the human body. suitable for...



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