

Use Your Perfect Memory (Paperback)

By Tony Buzan

Penguin Books Ltd, United States, 1991. Paperback. Book Condition: New. Revised edition. 175 x 119 mm. Language: English . Brand New Book. Now in a totally updated edition-the secrets of how to stretch memory skills to the fullest. Buzan has devised an ingenious system for memory improvement, geared to handle each specific memory problem--from everyday names and phone numbers to special programs for card players to showing students how to prepare for and get optimum results on exams.





Reviews

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